

RECORD FROM SAMPLE:

Phone Type:
Cell 75%
Landline 25

Hello, I'm calling from FL Research, a national public opinion firm. I want to emphasize that this is not an attempt to sell anything or solicit funds. We're conducting a short survey on Long Island and this phone number is on my list. May I please speak with:

(IF THE TELEPHONE NUMBER ENDS IN AN EVEN NUMBER:)

The youngest woman living at this household who is 18 years old or older and is home at this time.

(IF NO WOMAN IS THERE, INTERVIEW ANY MAN.)

(IF THE TELEPHONE NUMBER ENDS IN AN ODD NUMBER:)

The youngest man living at this household who is 18 years old or older and is home at this time.

(IF NO MAN IS THERE, INTERVIEW ANY WOMAN.)

(IF AVAILABLE) Before we begin, I want to assure you that your responses will be kept anonymous, and all data will be analyzed in the aggregate only.

1. First, do you live in Nassau (**NASS aw**) County, Suffolk (**SUFF ick**) County or somewhere else?

Nassau County	48%	CONTINUE
Suffolk County	52	CONTINUE
Somewhere else	X	TERMINATE
Not sure/Refused	X	TERMINATE

2. Do you currently have health insurance?

Yes	92%	ASK Q.3
No	6	SKIP TO Q.4
Not sure/Refused	2	SKIP TO Q.4

3. What type of health insurance do you have? (**READ LIST RANDOMLY**)

Medicare/Medicaid	42%
HMO	12
PPO	16
Private	14
OR Another type of insurance	6
(DON'T READ)	
Not sure/Refused	2
Not Asked	8

(ASK EVERYONE) Please tell me whether you agree or disagree with each of the following statements. (**RANDOMIZE**)

	<u>Agree</u>	<u>Disagree</u>	<u>NS/Refused</u>
4. Mental health services on Long Island are adequate.	36%	29%	35%
5. Mental health should be a priority for health care providers, similar to cancer and heart health.	89	6	5
6. I know where to turn if I or someone I know were experiencing a mental health emergency.	64	20	17
7. Our institutions, like government, municipalities, and schools are doing enough to support the community's mental health needs.	32	46	22
8. I am more likely to seek help for a mental health concern as a result of the pandemic.	33	40	28
9. Prior to the pandemic, had you or anyone in your immediate family sought mental health care?			
Yes	14%		
No	78		
Not sure/Refused	9		

10. And have you or any other adult in your immediate family sought mental health care since the pandemic began?

Yes	13%	ASK Q.11-12
No	77	SKIP TO Q.14
Not sure/Refused	10	SKIP TO Q.14

11. What mental health challenges have you or an adult family member faced since the pandemic began? **(READ LIST RANDOMLY/ACCEPT UP TO 5 RESPONSES)**

Note: Based on only those respondents from a household where an adult has sought mental health care since the pandemic began. N=76.

Social isolation	50%
Fear of contracting COVID	47
Anxiety	59
Depression	50

OR

Something else	9	_____ (RECORD RESPONSE)
(DON'T READ)		
Not sure/Refused	4	

12. Do you or your adult family member encounter any challenges in getting the mental health care needed?

Note: Based on only those respondents from a household where an adult has sought mental health care since the pandemic began. N=76.

Yes	36%	ASK Q.13
No	61	SKIP TO Q.14
Not sure/Refused	4	SKIP TO Q.14

13. What were those challenges? Were they...**(READ LIST RANDOMLY/ACCEPT UP TO 6 RESPONSES)**

Note: Based on only those respondents from a household where an adult has sought mental health care since the pandemic began and has experienced challenges getting the mental health care needed. N=27.

Travel challenges like lack of transportation or distance from home	7%
Inability to get an appointment	52
Care not covered by insurance	41
Embarrassment about seeking care	19
Fear of losing job	15

OR

Something else	4	_____ (RECORD RESPONSE)
(DON'T READ)		
Not sure/Refused	4	

14. **(ASK EVERYONE)** Are there any children under age 18 living in your immediate household?

Yes	31%	ASK Q.15
No	68	SKIP TO Q.25
Not sure/Refused	1	SKIP TO Q.25

15. Are any of those children under age 12?

Yes	20%
No	11
Not sure/Refused	-
Not Asked	69

16. In the past year, have you sought professional help for at least one of your children's mental health?

Note: Based on only those respondents who have children under 18 in their immediate household. N=186.

Yes	15%	ASK Q.17
No	82	SKIP TO Q.20
Not sure/Refused	3	SKIP TO Q.20

17. Was the care provided in person or via telemedicine or a mix of both?

Note: Based on only those respondents who have children under 18 in their immediate household and have sought help for a child's mental health. N=28.

In person	25%	SKIP TO Q.19
Telemedicine	21	ASK Q.18
Both	43	ASK Q.18
Not sure/Refused	11	SKIP TO Q.20

18. Would you rate your child's telemedicine experience as excellent, good, only fair, or poor?

Note: Based on only those respondents who have children under 18 in their immediate household, have sought help for a child's mental health, and had at least some care provided by telemedicine. N=18.

Excellent	6%	SKIP TO Q.20
Good	6	SKIP TO Q.20
Only fair	61	SKIP TO Q.20
Poor	28	SKIP TO Q.20
Not sure/Refused	-	SKIP TO Q.20

19. In the future, would you be comfortable with your child receiving mental health care via telemedicine?

Note: Based on only those respondents who have children under 18 in their immediate household, have sought help for a child's mental health, and have not had at least some care provided by telemedicine. N=7.

Yes	14%
No	57
Not sure/Refused	29

20. Have your children expressed any concern about the upcoming school year?

Note: Based on only those respondents who have children under 18 in their immediate household. N=186.

Yes	13%	ASK Q.21-24
No	79	SKIP TO Q.25
Not sure/Refused	8	SKIP TO Q.25

Here are some resources that might help children who are concerned about the upcoming school year. Please tell me if you are very likely, likely, unlikely, or very unlikely to use each one. **(RANDOMIZE)**

Note: Based on only those respondents who have children in their immediate household who have expressed concern about the upcoming school year. N=24.

	Very Likely	Likely	Unlikely	Very Unlikely	Not sure/Refused
21. Books	29%	38%	4%	21%	8%
22. Online support groups	13	21	25	17	25
23. School support services	21	50	13	8	8
24. Professional healthcare services	33	29	21	13	4

**NOW I'D LIKE TO ASK YOU A FEW LAST QUESTIONS
FOR COMPARISON PURPOSES ONLY.**

25. **(ASK EVERYONE)** What is your age? **(READ LIST IF NECESSARY)**

18-34	19%
35-49	23
50-64	25
65 and over	30
Not sure/Refused	3

26. Are you of Latino, Hispanic, or of Spanish origin?

Yes	19%
No	79
Not sure/Refused	2

27. And finally, what is your racial background – are you White, Black or African American, American Indian, Asian or of some other race? If you are multi-racial, please indicate all races that comprise your racial background. **(ACCEPT UP TO SIX RESPONSES)**

White	62%
Black/African American	10
American Indian	2
Asian	4
Other	8
Latino/Hispanic/Spanish (vol.)	19
Not sure/Refused	2

THANK YOU. YOU HAVE BEEN MOST HELPFUL.

THIS INFORMATION IS TO BE RECORDED AFTER THE INTERVIEW HAS BEEN COMPLETED.

28. Respondent's Gender:

Male	49%
Female	51